

Lewis & Irene

threaded with love

The Water Meadow Table Runner and Place Mats

Designed and made by Sally Ablett

Table Runner Size: 15" x 44" Place Mat Size: 12" x 15"



Table Runner



Place Mat

DESIGN 1 (Main Diagram)

FABRIC REQUIREMENTS (The Water Meadow Collection)

Fabric 1: long ¼ - A321.1 (Down by the river natural)

Fabric 2: ¾yd - 40cm - A322.1 (Green dragonfly)

Fabric 3: ¾yd - ¾mtr - A323.3 (Water meadow black)

Fabric 4: ¾yd - 40cm - A324.2 (Hare grey)

Fabric 5: ½yd - ½mtr - A325.1 (Starling murmuration sunset)

Fabric 6: ¾yd - 40cm - BB153 (Orchard Bumbleberries)

Wadding and backing 1yd - 1mtr

CUTTING

1. From fabric 1 cut:
(9x) 4½" x 4½" (runner & mat)
2. From fabric 2 cut:
(9x) 5¼" x 5¼" cut half diagonally twice (runner & mats)
3. From fabric 3 cut:
(2x) 2" x 44½" (runner side border strips)
(2x) 2" x 15½" (runner top and bottom border strips)
(10x) 5¼" x 5¼" cut half diagonally twice (runner & mats)
4. From fabric 4 cut:
(3x) 5¼" x 5¼" cut half diagonally twice (runner)
(8x) 2" x 12½" (mats)
5. From fabric 5 cut:
(3x) 5¼" x 5¼" cut half diagonally twice (runner)
6. From fabric 6 cut:
(7x) 5¼" x 5¼" cut half diagonally twice (runner & mats)
(28x) 4½" x 4½" (runner & mats)

MAKING UP THE BLOCKS

Lay out the fabric pieces for the runner as in the Table Runner diagram. Sew the small triangles together to make larger triangles. Sew the larger triangles together to make pieced squares, as in Figures 1 and 2

Repeat with all your triangles

Sew the pieced squares and fabric squares in rows, as shown in the Table Runner diagram



Figure 1: Pieced square in the centre

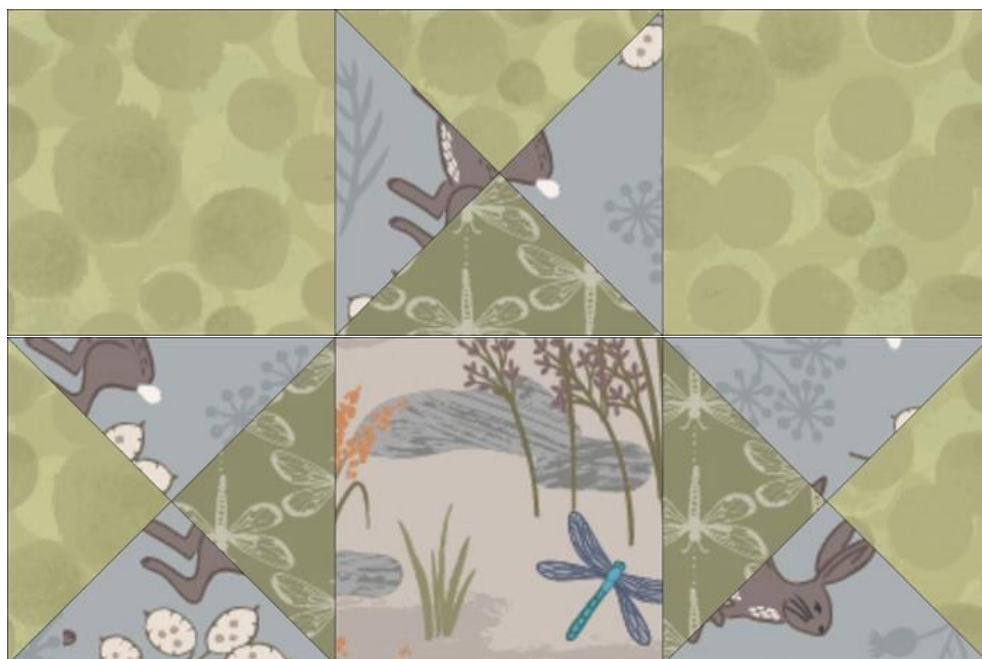
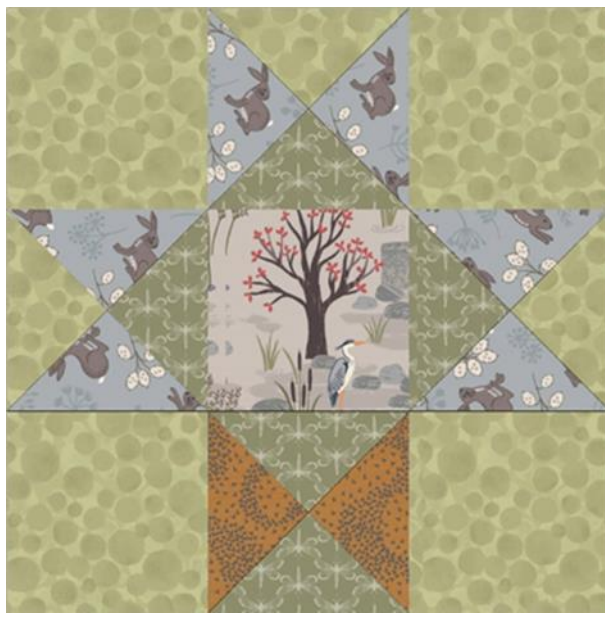


Figure 2: Pieced squares either side

Sew the rows together to complete the runner top



Add the border to the runner. Sides first and then top and bottom

Quilting

Sandwich the runner top, wadding and backing together. Quilt by hand or machine as desired

Trim backing and wadding to size

Binding

Use your favourite method from fabric 3 to bind the quilt

PLACE MATS



Mats are made up in the same way as the runner but with only three rows for each mat

Sew a border to each side

Quilting

Sandwich the mat top, wadding and backing together. Quilt by hand or machine as desired

Trim backing and wadding to size

Binding

Use your favourite method from fabric 5 to bind the quilt

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Table Runner Size: 15" x 44" Place Mat Size: 12" x 15"



Table Runner



Place Mat

DESIGN 2 (Main Diagram)

FABRIC REQUIREMENTS (The Water Meadow Collection)

Fabric 1: long ¼ - A321.2 (Down by the river sunset)

Fabric 2: ¾yd - 40cm - A322.3 (Black dragonfly)

Fabric 3: ¾yd - ¾mtr - A323.2 (Water meadow navy)

Fabric 4: ¾yd - 40cm - A324.1 (Hare natural)

Fabric 5: ½yd - ½mtr - A325.2 (Starling murmuration grey blue)

Fabric 6: ¾yd - 40cm - BB94 (Light grey Bumbleberries)

Wadding and backing 1yd - 1mtr

CUTTING

- 1.** From fabric 1 cut:
(9x) 4½" x 4½" (runner & mat)
- 2.** From fabric 2 cut:
(9x) 5¼" x 5¼" cut half diagonally twice (runner & mats)
- 3.** From fabric 3 cut:
(2x) 2" x 44½" (runner side border strips)
(2x) 2" x 15½" (runner top and bottom border strips)
(10x) 5¼" x 5¼" cut half diagonally twice (runner & mats)
- 4.** From fabric 4 cut:
(3x) 5¼" x 5¼" cut half diagonally twice (runner)
(8x) 2" x 12½" (mats)
- 5.** From fabric 5 cut:
(3x) 5¼" x 5¼" cut half diagonally twice (runner)
- 6.** From fabric 6 cut:
(7x) 5¼" x 5¼" cut half diagonally twice (runner & mats)
(28x) 4½" x 4½" (runner & mats)

MAKING UP THE BLOCKS

Lay out the fabric pieces for the runner as in the Table Runner diagram. Sew the small triangles together to make larger triangles. Sew the larger triangles together to make pieced squares, as in Figures 1 and 2

Repeat with all your triangles

Sew the pieced squares and fabric squares in rows, as shown in the Table Runner diagram



Figure 1: Pieced square in the centre



Figure 2: Pieced squares either side

Sew the rows together to complete the runner top



Add the border to the runner. Sides first and then top and bottom

Quilting

Sandwich the runner top, wadding and backing together. Quilt by hand or machine as desired

Trim backing and wadding to size

Binding

Use your favourite method from fabric 3 to bind the quilt

PLACE MATS



Mats are made up in the same way as the runner but with only three rows for each mat

Sew a border to each side

Quilting

Sandwich the mat top, wadding and backing together. Quilt by hand or machine as desired

Trim backing and wadding to size

Binding

Use your favourite method from fabric 5 to bind the quilt

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Table Runner



Place Mat

DESIGN 3 (Main Diagram)

FABRIC REQUIREMENTS (The Water Meadow Collection)

Fabric 1: long $\frac{1}{4}$ - A321.3 (Down by the river dusky blue)

Fabric 2: $\frac{3}{8}$ yd - 40cm - A322.2 (Sunset dragonfly)

Fabric 3: $\frac{3}{4}$ yd - $\frac{3}{4}$ mtr - A323.1 (Water meadow green)

Fabric 4: $\frac{3}{8}$ yd - 40cm - A324.3 (Hare black)

Fabric 5: $\frac{1}{2}$ yd - $\frac{1}{2}$ mtr - A325.3 (Starling murmuration cream)

Fabric 6: $\frac{3}{8}$ yd - 40cm - BB164 (Hazelwood Bumbleberries)

Wadding and backing 1yd - 1mtr

CUTTING

- 1.** From fabric 1 cut:
(9x) 4½" x 4½" (runner & mat)
- 2.** From fabric 2 cut:
(9x) 5¼" x 5¼" cut half diagonally twice (runner & mats)
- 3.** From fabric 3 cut:
(2x) 2" x 44½" (runner side border strips)
(2x) 2" x 15½" (runner top and bottom border strips)
(10x) 5¼" x 5¼" cut half diagonally twice (runner & mats)
- 4.** From fabric 4 cut:
(3x) 5¼" x 5¼" cut half diagonally twice (runner)
(8x) 2" x 12½" (mats)
- 5.** From fabric 5 cut:
(3x) 5¼" x 5¼" cut half diagonally twice (runner)
- 6.** From fabric 6 cut:
(7x) 5¼" x 5¼" cut half diagonally twice (runner & mats)
(28x) 4½" x 4½" (runner & mats)

MAKING UP THE BLOCKS

Lay out the fabric pieces for the runner as in the Table Runner diagram. Sew the small triangles together to make larger triangles. Sew the larger triangles together to make pieced squares, as in Figures 1 and 2

Repeat with all your triangles

Sew the pieced squares and fabric squares in rows, as shown in the Table Runner diagram



Figure 1: Pieced square in the centre



Figure 2: Pieced squares either side

Sew the rows together to complete the runner top



Add the border to the runner. Sides first and then top and bottom

Quilting

Sandwich the runner top, wadding and backing together. Quilt by hand or machine as desired

Trim backing and wadding to size

Binding

Use your favourite method from fabric 3 to bind the quilt

PLACE MATS



Mats are made up in the same way as the runner but with only three rows for each mat

Sew a border to each side

Quilting

Sandwich the mat top, wadding and backing together. Quilt by hand or machine as desired

Trim backing and wadding to size

Binding

Use your favourite method from fabric 5 to bind the quilt